



# Busby Bakes

Shona Park

Hello everyone,

We have been very fortunate this year and enjoyed a long hot summer but as they say “the nights are fair drawin’ in” and there is a definite nip in the air that tells us that autumn is on its way. What could be better than a nice bowl of hot soup.

This recipe is delicious on its own or better still accompanied by some cheese and bacon scones.

Enjoy

Shona

## Sweet Potato & Lentil Soup

### Ingredients

2 Sweet Potato  
1 Onion  
½ Fresh Red Chilli  
50g Lentils  
10ml Oil  
500ml Vegetable Stock  
100ml Coconut Milk  
Pinch of Salt  
30ml Single Cream  
Chives (chopped)

### Method

1. Wash, peel, rewash and chop the sweet potato.
2. Peel and chop the onion.
3. De-seed and finely chop the chilli.
4. Rinse the lentils and reserve.
5. Heat the oil and add the onions and chilli. Sweat until soft but not coloured.
6. Add the sweet potato and continue to cook for two minutes.
7. Add the lentils and stock and bring to the boil.
8. Simmer with the lid on for 25–30 minutes.
9. Skim the soup as required.
10. Remove the soup from the heat and allow it to cool slightly. Blend until smooth.
11. Stir in the coconut milk, taste and season.
12. Re-heat and serve garnished with cream and chopped chives.

## Cheese and Bacon Scones

### Ingredients

2 rashers of bacon  
200g SR flour  
2.5 ml baking powder  
pinch of chili or mustard powder (optional)  
50g butter or margarine  
75g cheddar cheese  
120ml milk (approximately)

### Method

1. Preheat the oven to 220°C/Gas No 7.
2. Cut the bacon into small pieces.
3. Heat a small non-stick frying pan and dry fry the bacon until golden and set aside.
4. Alternatively grill the bacon and then cut it up.
5. Sieve the flour and baking powder and mustard or chilli into a large bowl.
6. Add the fat and cut into small pieces.
7. Rub in the fat until the mixture resembles breadcrumbs.
8. Grate the cheese and add ¾ of it to the large bowl along with the cooked bacon. Reserve some for the top.
9. Gradually add the milk and use a knife to mix to elastic dough.
10. Turn onto a floured table, knead lightly and shape into a round roughly 1 ½ cm thick.
11. Brush the top with milk and sprinkle on the remaining cheese.
12. Cut the round into 8 triangles.
13. Place on a floured baking tray.
14. Bake for 10-12 minutes until well risen and golden brown.
15. Enjoy warm with butter or dunked into soup.

# Busby Guides

Pamela Mill

The Guides start back on Tuesday 4<sup>th</sup> September in the Church hall. We meet between 7 and 9 pm and all girls who are between 10 and 14 years old will be made very welcome.



We have a new programme and are looking forward to trying out some of the new ideas as well as enjoying our usual games and activities. We usually have a couple of sleepovers or a weekend camp during the year and the Guides are involved in planning this.

## The Choir

Angela Marshall

Our Tuesday rehearsals do not happen during July and August as a rule, and this year has been no exception. Perhaps this fact is meant to lull us into believing that we have a 'holiday' during the summer! It is true that most of us go on holiday during the summer months (quite rightly too!), but those who are in church during this 'recess' will realise that our singers and Organist are afforded no such respite while we are at home. Of course the choir is a voluntary establishment, although the general attitude among us is 'we'd better turn up'!

There have been solos, duets, choral pieces, and recitals to fill the 'musical interludes' throughout the summer. All have been well received and enjoyed. We thank all contributors for their continuing support.

One of our number, Donald Ross, has retired from Choir service after 25 years. We will miss him in the bass section, but hopefully he can support us from 'front of house' in the future. We thank him for his support and contribution, and we wish him well.

A dinner was held at the Eastwood Golf Club in August to mark the end of our 'session' and also to say our own farewell to Donald. He was the guest of honour, and we gave him a presentation to mark the occasion. The meal was very well received and enjoyed by everyone. Afterwards a number of the company performed 'party pieces', there was a sing song of popular songs from films and shows, and a good time was had by all.

Our rehearsals begin again in September. Thank you to Rosanne and Allan for their constant support and direction.

## Busby Drama


First Nighter

My spies advise that rehearsals are underway for the Group's new Pantomime "Bats" which will take place in Busby Parish Church Hall at 7.30 on the evenings of Thursday 10th, Friday 11th and Saturday 12th January 2019.

I hear there could be scary goings on with lots of little bats roaming around by order of the evil Count. Prepare to boo and hiss in the traditional manner and cheer and clap as the goodies triumph. We hope!


Tickets, priced £7 for adults and £5 for Primary School children, will be on sale soon. Such a steal for a night of fright!

I look forward with great anticipation to another hit production. See you 2019!



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WHITENING





The rain stopped, the sun came out and the crowds turned out for a fantastic day of music, fun, food and drinks at the Busby Church Summer Sizzle on Saturday the 1st of September. A host of children were entertained with arts and crafts, face painting, a bouncy castle and Hook-a-Duck, while mums, dads, grannies and grandpas were entertained by the string quartet, Orchestral Manoeuvres In The Park, Edinburgh singer/guitarist, Lisa Aird and country rock band, Steve Grozier and The Wildcats, while sipping prosecco and enjoying the free barbecue.

The Tombola stall quickly sold out of over 100 items, the raffle attracted huge support with the star prize of return tickets for two adults and four children anywhere in Scotland, kindly donated by Scotrail, and the bar did brisk business. It was a great opportunity for people to get together for a real fun afternoon. In the Kids' tent, Annabelle Allison's artwork was judged to be the best of the day (*see front cover picture*) and a lot of the adults joined the kids in having their faces painted.

The doubters who stayed at home, put off by the morning's rain missed a great day out. After last year's event, when rain forced the event indoors to the Church Hall, forward planning for this year's event included the hire of a load of large gazebos to ensure that everyone was under cover.

*The entertainment, clockwise from top left: Orchestral Manoeuvres In The Park; Lisa Aird; and Steve Grozier and The Wildcats*

